

Science Engagement to Empower Disadvantaged adolescents: SEEDS project

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This proposal is on behalf of the SEEDS makeathons team: University of Exeter, Harokopio University, European Citizen Science Association, Erasmus Medical Center and City of Rotterdam.

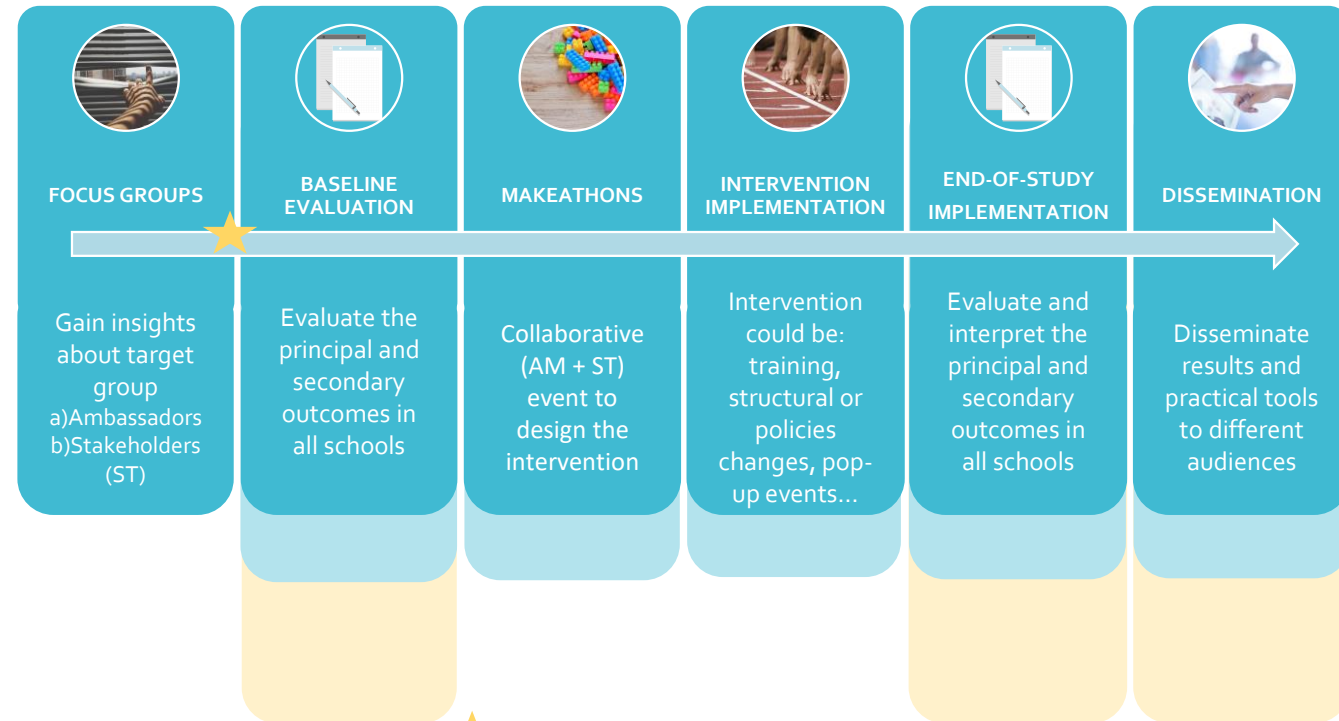
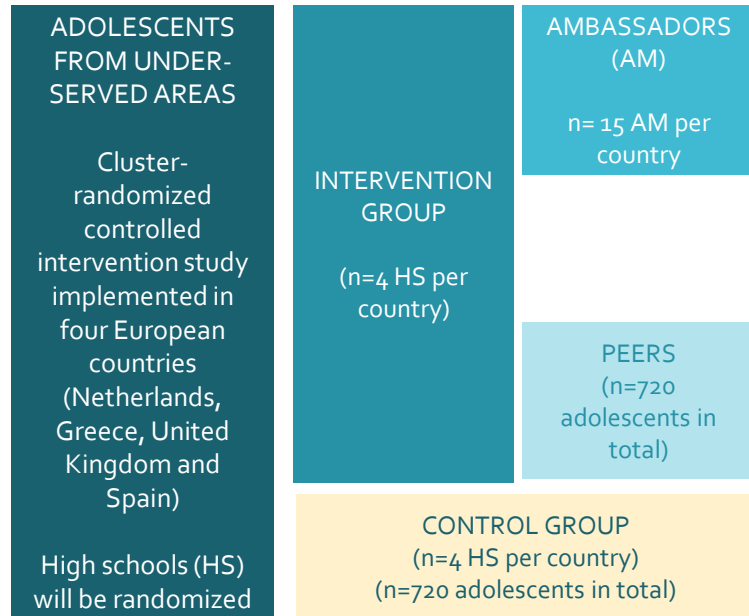


The improvement of **lifestyles** of **adolescents from under-served areas** and **their interest in science** is a priority to promote healthy and active living and to increase job opportunities. **Citizen science** could be a **promising strategy** to empower this target population

To improve **Healthy lifestyles**

To increase **Science interest**

- Healthy snacking
- Sedentary behaviour
- Extra behaviour chosen by ambassadors



★ **Summer school:** course to achieve skills to be an AM

CONCLUSION: This approach to **citizen science** seeks to explore **how the inclusion of the target group** in the **co-creation process** could enhance the process to **achieve positive behavioural changes** in teenagers from under-served areas.

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